

DESIGN YOUR ENVIRONMENT

Make things easier on yourself (and avoid the piles)



It's frustrating when you have a specific place where items are "supposed" to go, but they never actually end up there. But here's the thing—there's not one "correct" way to stay organized. If a system is too hard to keep up with, it just means it's not the right solution for you.

So instead of getting mad at yourself for falling back into the same messy patterns, **start paying attention to where things consistently end up.** Then, put your problem-solving skills to work and brainstorm some creative solutions. If your first idea doesn't succeed, that's okay—try another!

PROBLEM ITEM(S)	LOCATION	POSSIBLE SOLUTION?
Dirty clothes + towels	Bathroom floor	Put a laundry hamper in the bathroom
Winter coats + jackets	On couch by the front door	Move coat rack next to the front door
Socks that get kicked off while watching TV	Living room	Cute bin to throw abandoned socks into
Pots + pans piled on top of each other	Kitchen cabinet	Get a rod and hooks to hang pots on the wall
Keys + wallet that always go missing	Literally everywhere	Hang a key hook next to the front door
Piles of dirty + moldy coffee mugs	Office	Only allow myself to have ONE coffee mug (put the rest in storage)
Clean and dirty clothes getting mixed up	Bedroom + closet floor	Multiple laundry hampers: 1. Clean, but unfolded 2. Could wear again 3. Too dirty to re-wear

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