

# BET-YA-CAN'T BOARD

"Don't tell me what to do!"

## What it is:

- A spite-driven productivity challenge that utilizes the power of defiance

## Works best for:

- Projects where you push yourself as much as you can in one sitting
- **People who:**
  - Have authority issues
  - Don't like being told what to do
  - Like a challenge
  - Love proving people wrong
  - Thrive under pressure

## You'll need:

- Drawing materials
- A burning desire to -stick it to the man- (or person)
- Timer (optional)

## How it works:

1. **Draw a picture** of someone you hate the most (think politician, snide co-worker, frenemy, ex-boss, etc.)
2. **Draw a speech bubble** next to them that says "I bet you can't **[complete task]**"
3. **Set your drawing** somewhere you can easily see it while you're working
4. **Do the thing** and prove them wrong

## Why it helps:

- Nothing motivates some of us like fucking spite, or being told we CAN'T do something
- Quantifying the outcome helps keep pushing us forward
- We can't get too caught up on something that's not working, so we've got to problem solve in the moment

## Bonus points:

- **Add a time restraint:** "Bet you can't **[complete task]** in **[#]** minutes," etc.

## EXAMPLES

- "Bet you can't **finish five comics** in **2 hours**"
- "Bet you can't **write two pages** in **15 minutes**"
- "Bet you can't **clean out the fridge before your husband gets home from work**"

*Idk. This might be one of those weird things that works for me, and makes absolutely no sense to anyone else. Hopefully it works for some of you!*

